

TELECARE DISTRESS CENTRE of Peterborough

Volunteer Training Schedule

Fall 2019 Draft #2

***Telecare training is covered over 50 hours and the cost is \$50; subsidies are available.
All Training sessions are at Trinity United Church, 360 Reid St., Peterborough K9H 7G6***

Volunteers must:

- be over 18,
- complete training and screening,
- provide 2 personal references,
- pledge confidentiality and abide by discipline of the organization,
- shift the equivalent of 4 hours every 2 weeks,
- participate in on-going training

Weekday sessions begin at 7:00 pm Saturday sessions begin at 9:30am

Sunday sessions begin at 1:30 pm

Date	Topic and Presenter	length	Room
*Role Play and Interactive Activities and Opportunities to reflect on personal and societal attitudes are interspersed throughout the training.			
• Wed. Sept. 25	Intro + Active Listening	(2.5hrs)	MH
• Thurs. Sept. 26	Active Listening	(2.5 hrs)	MH
• Sun. Sept. 29	Loneliness (Jim Abel) + Elder Abuse (Laura Proctor, EAPO)	(3 hrs)	MH
• Sat. Oct. 5	Anger (Don Gibson)	(2 hrs)	CP
• Sun. Oct. 6	Poverty (John Martyn)	(3 hrs)	MH
• Wed. Oct. 9	Grief (Noella Koshul)	(2.5 hrs)	
• Tues. Oct. 15	Addictions (Cheryl Robinson, FOURCAST)	(2.5 hrs)	
• Thurs. Oct. 17	Serendipity—personal stories	(2.5 hrs)	
• Wed. Oct. 30	Mental Health + local CMHA programs (Tanya Kowalenko HKPR-CMHA)	(2.5 hrs)	
• Sat. Nov. 2	Suicide (Maureen Pollard MSW)	(7 hrs)	MH
• Sun. Nov. 3	Suicide Practicum (Maureen Pollard MSW)	(3 hrs)	MH
• Tues. Nov. 5	???	(2 hrs)	TH
		Total 35 hrs	

Still to be scheduled in November: depression, ACE, Sex assault, resources, self-care, repeat callers, nuisance callers, spiritual concerns, attitudes and office procedures.

TUESDAY DECEMBER 3, COMMISSIONING OF VOLUNTEERS ACCEPTED ON THE PHONES.