

TELECARE DISTRESS CENTRE of Peterborough

Training Schedule

Spring 2019 FINAL DRAFT

Telecare training is covered over 50 hours and the cost is \$50; subsidies are available. All Training sessions are at Trinity United Church, 360 Reid St., Peterborough

Volunteers must:

- be over 18,
- complete training and screening,
- provide 2 personal references,
- pledge confidentiality and abide by discipline of the organization,
- shift the equivalent of 4 hours every 2 weeks,
- participate in on-going training

Saturday sessions begin at 9:30am Sunday sessions begin at 1:30 pm

Week day sessions begin at 7:00 pm

Date	Topic and Presenter	length
*Role Play and Interactive Activities and Opportunities to reflect on personal and societal attitudes are interspersed throughout the training.		
• Thursday, April 25	Intro+ Active Listening	(2.5 hrs)
• Saturday, April 27	Poverty (John Martyn, Community Activist) Loneliness (Jim Abel, Community Activist) Active Listening Continued	(6 hrs)
• Wednesday, May 1	Elder Abuse (Raeann Ridout, Central East Consultant, Elder Abuse Ontario)	(2.5 hrs)
• Thursday May 2	Grief (Noella Koshul, Hospice Volunteer)	(2.5 hrs)
• Sunday May 5	Group Building, Personal Stories	(3 hrs)
• Tuesday May 7	Restorative Justice (Angie Deshamps-Earle, Circles of Support)	(2 hrs)
• Wednesday May 8	Mental Health +CMHA programs (Tanya Kowalenko, CMHA-HKPR)	(2.5 hrs)
• Monday May 13	Depression	(2.5 hrs)
• Tuesday May 14	Addiction (Cheryl Robinson, FourCAST)	(2.5 hrs)
• Saturday May 25	Suicide (Maureen Pollard MSW)	(7 hrs)
• Sunday May 26	Suicide Practicum (Maureen Pollard MSW)	(3 hrs)
• Thursday May 29	Trauma informed practice / resilience (Kawartha Sexual Assault Centre)	(2.5 hrs)
• Monday June 3	Sexual Violence/ Abuse (Kawartha Sexual Assault Centre)	(2.5 hrs)
• Tuesday, June 4	Community Resources	(2 hrs)
• Monday June 10	Self Care(Kawartha Sexual Assault Centre)	(2.5 hrs)
• Saturday June 15	Anger (Don Gibson, Counsellor, Correctional Service Canada) Office Procedures for those going on the phone.	(4.5 hrs)

Topics interspersed throughout—Spiritual Concerns of Callers, Repeat Callers, Nuisance Callers.

Total 50 hrs