

TELECARE DISTRESS CENTRE of Peterborough

Volunteer Training

FALL 2018 draft # 3

Telecare training is covered over 50 hours and the cost is \$50; subsidies are available.

All Training sessions are at Trinity United Church, 360 Reid St., Peterborough

Volunteers must:

- be over 18,
- complete training and screening,
- provide 2 personal references,
- pledge confidentiality and abide by discipline of the organization,
- shift the equivalent of 4 hours every 2 weeks,
- participate in on-going training

Date Time Topics and Presenters *Role Play and Interactive Activities and Opportunities to reflect on personal and societal attitudes are interspersed throughout the training.

- Sat. Sept. 22, 9:00 to 3:30 Intro + Active Listening (Telecare Training Team) + Loneliness (Jim Abel, Community Activist)
- Sat. Sept. 29, 9:00 to 3:30 Poverty (John Martyn, Community Activist) + Active Listening Continued
- Sat. Oct. 6 **NO Session – Thanksgiving weekend**
- Sat. Oct. 13, 9:00 to 3:30 Elder Abuse, (Raeann Rideout, Central East Regional Consultant, Elder Abuse Ontario) + Serendipity (personal growth, personal story telling)
- Sun Oct. 14, 1:30 to 3:30 Grief (Noella Koshul, Hospice Volunteer)
- Sat. Oct. 20, 9:00 to 12:00 Adverse Childhood Experiences, Childhood Sexual Assault (Lisa Clarke, KSAC)
- Sat. Oct. 27 **NO Session-end of Reading Week**
- Sat. Nov. 3 **NO Session-space unavailable**
- Sat. Nov. 10, 9:00 to 5:00 Community resources: Kawartha Sexual Assault Centre (KSAC) + Responding to Violence and Self Care (Lisa Clarke KSAC) + Spiritual Concerns Of Callers + repeat callers +nuisance callers (Telecare Training Team) + Mental Health + CMHAprograms (Tanya Kowalenko, CMHA- HKPR)
- Sat. Nov. 17, 9:00 to 3:30 Anger, (Don Gibson, counsellor, Correctional Service Canada) + Depression (Telecare Training Team)
- Sun. Nov. 18, 1:30 to 3:30 Addictions (Cheryl Robinson, counsellor, FourCAST)
- Sat. Nov. 24, 9:00 to 4:00 Suicide (Maureen Pollard MSW +Telecare Training Team)
- Sun. Nov. 25, 1:30 to 4:30 Suicide (cont.)
- Sat. Dec. 1, 9:00 OFFICE PROCEDURES—FOR THOSE GOING ON THE PHONES

Commissioning of those going on the phones December 4.